

Cowlitz Community Resources 5/12/2022

Produced by Cowlitz County Coordinated Entry and Family Health Center

If you are homeless or in danger of becoming homeless: Must complete an assessment to be prioritized for access to resources such as housing.		
Call for appointment. Walk in times differ per location M-F on weekdays.		
Community House on Broadway (Emergency Shelter) 360-846-0462	Family Health Center 360-703-1103	Emergency Support Shelter For Domestic Violence 360-425-1176

Emergency Services

Emergency Medical Response		911
Crisis Services Mental Health	1-800-803-8833	360-425-6064
Community House on Broadway (Emergency Shelter) 1105 Broadway St., Longview		360-425-8679
Emergency Support Shelter (emergency Shelter for Domestic Violence) 1330 11 th Ave, Longview		360-425-1176
Family Promise of Cowlitz County (Emergency Shelter) 215 Academy St., Kelso,		360-703-3131
Janus Youth- (12-24 years old) Reach on FB, Twitter, Instagram, snapchat Janus Youth Programs of Cowlitz County		360-353-5545; 360-998-0817

Threatened, Stalked, attacked, beaten up, or sexually assaulted

Emergency Support Shelter- 1330 11 th Ave, Longview		360-425-1176
Hope Project- 600 Broadway St., Building B, Longview	afterhours: 360-425-1176	360-703-3762
Crime Victim Advocacy Program- 600 Broadway St., Building B, Longview	afterhours: 360-425-1176	360-703-3762
Domestic Violence and Sexual Assault Hotline-		360-425-1176

Sexual Exploitation or Trafficking- (The I-5 corridor is one of the main Human Trafficking hotbeds in the nation)

Janus Youth- Reach on FB, Twitter, Instagram, snapchat Janus Youth Programs of Cowlitz County		360-218-6611
Real Life Advocacy-Trafficked resources- 600 Broadway St., Building B, Longview	afterhours: 360-425-1176	360-703-3762
Washington Anti-Trafficking Response network		206-245-0782
Washington State Department of Commerce		1-800-822-1067
National Human Trafficking Resource Center 24 hour Hotline		1-888-373-7888

Law Enforcement

Kelso Police 201 S. Pacific Ave Kelso 360-423-1270	Longview Police 1351 Hudson St or 216 30 th Ave 360-442-5800
Castle Rock non-emergency police 360-274-4711	Woodland non-emergency Police 360-225-6965
Cowlitz Co Sheriff 312 1 st Ave S. #124 Kelso 360-577-3092	Washington State Patrol 1823 Baker Way, Kelso. 360-578-4147

Transportation-Must be made at least 2 days in advance

Human Services Council- HUB for Medicaid transportation services for WASHINGTON APPLE HEALTH (Can request a bus pass paid by Medicaid, select option 2.)	1800-752-9422
RiverCities Transit- Lift- 1135 12th Avenue, Longview Lift application required-\$1 each way or 20 rides \$10	360-442-5667
CAP Medicaid Transportation Bus- 1526 Commerce Ave, Longview	360-425-3430
CAP Senior Transit- must be over 60, live in Cowlitz/Wahkiakum, no wheelchairs, out of town appointments only.	360-200-4991
CAP Rural Transportation- Goes to Longview, Kalama, Woodland, Vancouver, Castle Rock, Lexington	360-425-3430
Cowlitz Tribe- 1055 9 th Ave, Longview does Medicaid and non-Medicaid transportation (Call for more info)	360-232-8585
Volunteer Chore Services- does Medicare transportation on a case by case basis	1-844-851-9380

Laundry

Laundry Love- (call for schedule)	360-846-0272
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Showers

CORE Health- Social Support Center (must be client of program) 1408 12 th Ave. Longview	360-998-3050
Salvation Army (must be client of program) 1639 10 th Ave Longview	360-423-3990
Janus Youth- (12-24 years old) Reach on FB, Twitter, Instagram, snapchat Janus Youth Programs of Cowlitz County	360-353-5545; 360-998-0817

Clothing

Kalama Helping Hand- 191 Cloverdale Road, Kalama, WA	Tuesdays & Thursdays 11am – 2pm	360-673-2814
The Storehouse Ministry- New Life Fellowship 2441 42nd Avenue 98632 Longview	Thursday from 10:00am – 2pm	360-423-0190
Woodland Action Center- 736 Davidson Ave., Woodland WA		360-225-9998
7th Day Adventist Community Services- 840 11 th Ave, Longview, WA	(1x every 60 days) Tues 10:30-2pm	360-423-6730

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LGBTQ+

Lower Columbia PFLAG- 2851 30 th Ave Longview, WA Longview meets 2 nd Monday, Cathlamet 2 nd Sunday of month	360-425-4927
Rainbow Advocacy and Networking Services (RAINS)- 1600 Louisiana St. Longview meets every Monday 3:30-4:30pm	360-200-3790
Washington State LGBTQ Commission	

Disability Resources

The Arc of Cowlitz County- 903 New York St., Longview	360-425-5494
Developmental Disabilities Administration- 711 Vine St., Kelso	360-501-2520
Progress Center- (Children ages 0-3)- 1600 3 rd Ave, Longview	360-425-9810
DSHS WorkFirst (if parents unable to work due to child's needs)- 711 Vine St. Kelso	360-501-2400
Division of Vocational Rehabilitation (DVR)- 711 Vine St., Kelso	360-501-2499
Brain Injury Resource	360-991-4928
CORE Health- Extended Support Services (CHESS) Medically Fragile Transitional Housing-910 16 th Ave, Longview	360-998-3050
Columbia Wellness CARE Program (children ages 0-8)	360-353-9606
Area Agency on Aging & Disabilities of Southwest Washington 1338 Commerce Ave., Suite 309	360-577-4929

Equity Services

Cowlitz County Tribe-Enrollment- 1055 9 th Ave Suite B, Longview (For Cowlitz Natives only, if another tribe, must connect with that tribe)	360-577-8140
Ethnic Support Council- 1213 14 th Ave. Longview, WA.	360-636-2791
Noble Foundation- 206 Vine St. Kelso, WA.	363-353-3235
Chuukese New Life in Christ Church- 951 Delaware St. Longview WA.	360-971-3931 360-784-9986
Pacific Islander Community Association of WA- 33710 9 th Ave South, Suite 1 Federal Way 98003	206-859-7922
Cowlitz/Wahkiakum Legal Aid – Race Equity Taskforce	360-425-2579

Pet Resources

Fences for Fido- builds free fences for dogs tethered outside	503-621-9225
Pets are People Too-	503-410-2435
City of Longview \$5 Dog Licenses- 1525 Broadway, Longview (seniors or low income only)	360-442-5046
Cowlitz County Humane Society- Dog of cat food, pet vaccines for low income residents M-F 11-6pm Sat 10-3:30	360-577-0151

Food/Meals-(click for electronic calendar)

<u>Weekdays</u>		
Salvation Army 1639 10 th Avenue Longview	Lunch: Mon-Fri 11:45 to 12:45pm	360-423-3990
Radical Love 1428 22 nd Ave Longview St Steven's Episcopal Church	Wednesdays 4pm-4:30pm	
<u>Saturday</u>		
Radical Love 206 Church St. Kelso	Saturday 1pm-1:30pm	
PB&J at the Park- Victoria Freeman Park 9 th Ave and Delaware-Longview	Saturday 10-11am	
<u>Sunday</u>		
Food 4 Change 784 14 th Ave, Longview (Family Health Center)	Sunday Lunch 1pm	
Helping Hands of Castle Rock 126 1 st Ave SW Castle Rock (2 nd and 4 th Sunday only)	Sunday 1-2pm	
Belly Brigade 208 Church St. Kelso (Methodist Church) Laurie Hall	Sunday Dinner 4pm	
416 20 th Ave, Longview (Foursquare Church)	Sunday Dinner 4pm	

Food Pantries-(click for electronic calendar)

<u>Weekdays</u>		
FISH (Locations Vary)	Monday-Friday 9-12 food assistance Monday- Friday 1-4pm for Emergency Services	360-636-1100
Salvation Army 1639 10 th Ave Longview (6x's a year)	Mon, Wed, & Thurs 2-4pm	360-423-3990
Kalama Helping Hand- 191 Cloverdale Rd, Kalama	Tuesdays 11-4pm	360-673-2814
Faith Center Church 1209 N. Minor Road Kelso	Thursday 10am to 1pm	360-577-0620
Castle Rock Lions Food Bank 224 Huntington Ave S. Castle Rock (Eagles Hall)	Thursday 1pm to 2pm	
The Kings Vineyard Fellowship- 3212 Lewis River Rd, Woodland. (in gym behind church)	Mondays 9-10am	
South Kelso Neighborhood Association- 351 Three Rivers Mall	Tues 3-5pm, Fri 12-3pm, Saturdays 12-3	360-747-7240
Lexington New Song Worship- 161 Aaron Dr. Longview	Commodities 2 nd Tuesday each month 2 – 4pm	360-430-3578
CAP Help Warehouse 1526 Commerce Avenue, Longview	Commodities 3 rd Tuesday of each month 8am-1pm	360-425-3430 x252
St. Vincent De Paul- 1222 Baltimore Longview M, W, F 8:30-11:30am & 1 st and	Commodities 3 rd Tuesday 5pm-6pm	360-577-0662
Janus Youth- (12-24 years old) Reach on FB, Twitter, Instagram, snapchat Janus Youth Programs of Cowlitz County		360-353-5545; 360-998-0817
<u>Saturday</u>		
Food Lifeline- Archie Anderson Park Longview	Third Saturday Only-9:30-noon	

Woodland Action Center -736 Davison Ave Woodland	Saturday 9am-5pm	360-225-9998
South Kelso Neighborhood Association -351 Three Rivers Mall	Saturday 1-3pm	360-747-7240
South Kelso Neighborhood Association -351 Three Rivers Mall	Commodities 3 rd Sat. 1-3 of each month	360-747-7240
Sunday		
Helping Hands of Castle Rock Meal Share 126 1 st Ave. SW Castle Rock (Freemason's Lodge)	Sunday 1-2pm	

Senior Hot Meal Programs (Served at noon) \$3 for those who qualify, \$6 for those who don't qualify

Kalama – United Methodist Church, 111 North 2nd St (Mondays)	360-425-3430
Castle Rock – Senior Center, 222 2nd Ave SW (Wednesdays)	360-425-3430
Rosburg – Community Center, off Altoona Rd (Thursdays)	360-425-3430
Meals on Wheels - 1526 Commerce Ave, Longview	360-425-3430

Senior services

CAP -R.U.O.K Program, Energy Assistance, Senior meals. 1526 Commerce Ave, Longview	360-425-3430
Adult Protective Services -711 Vine Street, Kelso	1-800-734-6277
Area Agency on Aging & Disabilities of Southwest Washington 1338 Commerce Ave., Suite 309	360-577-4929
Longview Senior Center -1111 Commerce Ave, Longview	360-636-0210
Kelso Senior Center -106 8 th Ave NW, Kelso	360-232-8522
Castle Rock Senior Center -222 2 nd Ave SW, Castle Rock	360-274-7502

Foster Care (ages 18-21)

DCYF -Division of Children, Youth and Family (help with college, rent, etc.)-711 Vine St. Kelso	1-866-764-2233
Independent Living Services (helps with yearly costs of \$1500, phone, car insurance)	253-508-3850
Treehouse for Kids (help with clothing, school supplies, skills and certification, essentials)	206-767-7000
Passport to Careers-Lower Columbia College 1600 Maple St. Longview	360-442-2332

Cell Phones (Possibly eligible if you receive Medicaid, SNAP, SSI, Public Housing Assistance, unemployment, are a Veteran or a member of a tribe)

Assurance Wireless	1-888-898-4888
Access Wireless	1-888-900-5899
QLink	1-855-754-6543
EnTouch Wireless	1-866-488-8719
Safelink	1-800-723-3546
Lifewireless	1-888-543-3620

Legal

ID Cards -Reduced cost \$5 ID cards from DSHS for DSHS Clients	1-877-501-2233
Birth Certificates -Must be submitted by a homeless service provider to receive the certificate at no cost	
Cowlitz/Wahkiakum Legal Aid	360-425-2579
Northwest Justice Project -Clear non-criminal non-traffic M-F 9:15-12:30pm	1-888-201-1014
Northwest Justice Project -Clear 60 and over- M-F 9:15-12:30pm	1-888-387-7111
Center for Constructive Resolution and Conversation (Satellite Office)1338 Commerce Ave. Suite D2 Longview	360-232-8622
Cowlitz County Public Defender -1801 1 st Ave S #1A, LGV vacate charges, quash warrants, Legal Financial Obligations	360-578-7430

Health and Dental Care

Cowlitz Free Medical Clinic - 945 Washington Way Suite 141, Longview. Urgent not emergency, serving individuals with no insurance. Tu-9-noon, Wed 5-7:30, Thurs noon-3pm.	360-442-4165
Cowlitz Free Dental Clinic 1230 7 th Avenue Longview (Kaiser – south side of building) Quarterly by appointment only	360-200-3960
Family Health Center - 1057 12 th Avenue Longview Sliding scale fee, WA Medicaid and private insurance accepted	360-636-3892
Lions Club-Lions Sight and Hearing Foundation - free eyeglasses/hearing aids	360-430-4839
Cowlitz Tribal Health Clinic 1044 9 th Ave Longview all federally recognized Native Americans/Alaskan Native	360-575-8275
HIV/AIDS Resources- Cascade Aid Project - Wellness Advocates 1338 Commerce Ave, Suite 212 Longview	360-986-3590

Mental Health/Behavioral Health Services

Columbia Wellness -921 14 th Ave, Longview	360-577-7442
Awakenings -404 W. Main St., Kelso	360-423-2806
CORE Health-Mental Health Counseling -748 14 th Ave, Longview	360-200-5419
Family Health Center - 1057 12 th Ave, Longview	360-636-3892
Cowlitz Tribal Health Clinic 1044 9 th Ave Longview all federally recognized Native Americans/Alaskan Native	360-575-8275
SeaMar Behavioral Health -1710 Allen St., Kelso	360-261-7020
Child and Adolescent Clinic -971 11 th Ave, Longview	360-577-1771
Community Integrated Health Services -1128 Broadway St, Longview (FACT Team) 1116 14 th Ave, Longview (Youth)	360-261-6930
Counseling Services and Associates -1157 3 rd Ave, Suite 100, Longview	360-577-8871
Northwest Psychological Resources - 945 11 th Ave. Suite B. Longview	360-414-8600
Peace Health St. John Medical Center -600 Broadway St. Longview	360-414-2236
Pathways mental Health Services - 1430 16 th Ave Longview	1-877-219-0523 360-799-4556
WA Listens - Related to COVID to obtain community resources	Mon-Fri 9am-9pm; Weekend 9am-6pm 1-833-681-0211

Outreach Support

Veteran's Integration Program - 1207 Commerce Ave, Longview	1-866-255-2799
Family Health Center	360-916-6178
Evergreen Terrace Chapel - 5052 Pacific Terrace, Longview	360-270-0529
Cowlitz Tribal - 1055 9 th Ave, Longview	360-575-3316
CORE Health- Social Support Center -1408 12 th Ave, Longview	360-998-3050
Janus Youth - (12-24 years old) Reach on FB, Twitter, Instagram, snapchat Janus Youth Programs of Cowlitz County	360-353-5545; 360-998-0817

Non-Profit Agencies

Love INC (help with moving, yard work, small repairs, medical equipment, furniture, appliances)	360-232-8576
FISH Mon-Fri 9-noon (helps with health care costs, utility bills, bus passes, and job assistance)	360-636-1100
CAP - 1526 Commerce Ave, Longview (energy assistance, financial planning, food, tax help, education and training)	360-425-3430

Veteran Resources

Veteran's Integration Program - (<i>Housing and Case Management Resources</i>)-1207 Commerce Ave, Longview	1-866-255-2799
Veteran's Relief Fund - Emergency assistance for rental, food, utilities, medical, ect. Mon-Friday 9-3	360-577-3198
VFW -4311 Ocean Beach Hwy, Longview	360-577-6757
American Legion -1250 12 th Ave, Longview	360-425-3670
VA Hospital Vancouver -1601 E 4 th Plain Blvd., Vancouver	360-696-4061
Cowlitz County Veteran's Service Center -1005 Fir St., Longview	360-200-4637
HEVIN -Helping Every Veteran in Need-rides to appointments, deliveries, and small home repairs	360-749-2016
Rural Veteran's Initiative -Goodwill-1030 15 th Ave Suite B, Longview	360-501-8349

Family/Maternity Support Services

Parent for Parents -(Helps parents get kids back from CPS)- 1107 Broadway St., Longview	360-560-7980
Janus Youth -Reach on FB, Twitter, Instagram, snapchat Janus Youth Programs of Cowlitz County	360-353-5545; 360-998-0817
CORE Health- Youth Activity Center - (opens fall 2021) 1400 14 th Ave, Longview	
Family Health Center - (WIC/First Steps) 1717 Olympia Way, Suite 206. Longview 1251 Lewis River Rd. #D, Woodland	360-423-7740 360-225-3953
Childcare Resource -	1-800-446-1114
Youth and Family Link - 907 Douglas St., Longview	1-360-423-6741
Parent's Place - 928 23 rd Ave, Longview	360-414-9212
DCYF- Division of Children Youth and Family 711 Vine St., Kelso	1-877-501-2233
Nurse Family Partnership - 1952 9 th Ave, Longview Free nurse home visiting program for women who are having their first baby, low income & are less than 28 weeks pregnant.	360-397-8440
Parent-Child Assistance Program (PCAP) 621 Grade Street, Kelso	360-425-9600
Caring Pregnancy Center 1010 Fir St., Longview Tu, Wed 10am-4pm Th 1:30-7pm	360-636-3333
Birthright 676 26 th Ave, Longview	1800-550-4900
Community Integrated Health Services -1116 14 th Ave, Longview	360-261-6930

Employment and Income

Worksource -305 S. Pacific Ave, suite B, Kelso Opioid Crisis Grant- retraining and employment supports, other support services Thrive- if on food stamps pays for training, employment retention and other support services NW Promise- Pays for training programs in the Health Care field	360-577-2250
Goodwill Work Opportunity Center -1030 15 th Ave, Longview	360-501-8340
Lower Columbia College Workforce Services - 1600 Maple St. Longview	360-442-2330
DSHS -711 Vine Street Kelso 1-877-205-2233	360-501-2400
Foundational Community Supports (must meet eligibility criteria and be Medicaid eligible) Core Health Social Support Center-Employment and Housing Services -1408 12 th Ave, Longview CAP -1526 Commerce Ave, Longview Love Overwhelming- Employment and Housing Services -1428 22 nd Ave, Longview (by appointment only) Compass Career Solutions -207 N. 4 th Ave, Suite 100, Kelso Community House on Broadway (Emergency Shelter) 1105 Broadway St., Longview	360-200-5419 360-425-3430 360-846-0272 360-916-6029 360-425-8679
Temp Agencies ASAP Business Solutions -1405 Cypress St. Longview Employers Overload -1953 7 th Ave #203, Longview Express Employment Processionals -1208 Washington Way #130, Longview Total Employment and Management -1015 Vandercook Way, Longview Northwest Staffing -760 Ocean Beach Hwy, Ste. B, Longview.	360-423-0036 360-577-4250 360-414-1200 360-425-7277 360-903-8781
Social Security 840 Ocean Beach Hwy, suite 150 Longview	1-800-772-1213
Claimyourcash.org	

Educational Resources

The Arc of Cowlitz County - 903 New York St., Longview	360-425-5494
Youth and Family Link - 907 Douglas St., Longview	1-360-423-6741
FCRC-Family Community Resource Center- (Longview School District students)	360-575-7250
Kelso School District Homeless Support-	360-501-1993
Lower Columbia College Workforce Services- 1600 Maple St. Longview	360-442-2330
Goodwill Work Opportunity Center- 1030 15 th Ave, Longview	360-501-8340
Financial Education	
Rent well tenant class (Offered by Family Promise of Cowlitz County)	360-703-3131
Lower Columbia CAP	360-425-3430
Check with your financial instruction for free financial planning services	

Recovery Housing

Oxford Housing-	
Mountain Ministry-	Women's Program 360-843-6193 Men's Program 360-430-7028
Faithful Services-	360-232-3072
Salvation Army- Hope House-	360-423-3990
Xchange-	360-687-8555
Forgiven House- 3149 Florida St. Longview, WA 98632- Prefers email- forgiveness@gmail.com	360-442-1131
Second Chances LLC- Women's Housing, no co-ed secondchancesllc.org@gmail.com	360-673-1030; 360-430-4364 (M-F 5pm-8pm)

Substance Use Treatment Resources by Insurance Type

Outpatient	
Kelso Treatment Solutions -305 Pacific Ave S Suite C, Kelso (accepts Medicaid, Medicare, private insurance, private pay)	360-644-1047
Ideal Option - 1004 Fir St. , Longview, WA 98632 (accepts Medicaid, Medicare, private insurance, private pay)	877-522-1275
Medtrig - 1318 Washington Way Suite B, Longview (accepts Medicaid, Medicare, private insurance, private pay)	253-666-6780
Awakenings - 404 W. Main St., Kelso, WA 98626 (accepts Medicaid and private pay)	360-423-2806
Columbia Wellness - 720 14 th Ave, Longview, WA 98632 (accepts Medicaid and private pay)	360-353-9870
CORE Health - 1129 Broadway St. Longview (accepts Medicaid and private pay)	360-562-6983
Family Health Center - 621 Grade St., Kelso, WA 98626 (accepts Medicaid)	360-425-9210
Community Integrated Health Services - 1128 Broadway St Longview, WA 98632 (accepts Medicaid)	360-261-6930
SW Washington Safe Haven- 1441 11 th Ave, Longview, WA 98632 (accepts private pay)	360-577-4340
Inpatient	
American Behavioral Health Systems - 500 SE Washington Ave, Chehalis, WA 98532 (accepts Medicaid)	360-748-4776
American Behavioral Health Systems -500 SE Washington Ave, Chehalis, WA 98532 (accepts Medicaid)	360-266-5029
Family Health Center - 600 Broadway St., LV (accepts Medicaid, private insurance, private pay, *private insurance)	360-425-9600
Family Health Center - 2232 S. Silver Lake Rd., CR (accepts Medicaid, private insurance, private pay, *private insurance)	360-274-3262
Columbia Wellness - 720 14 th Ave, Longview, WA (accepts Medicaid, private insurance, private pay, *private insurance)	360-353-9870
Cascade Behavioral Health - 12844 Military Rd S, Tukwila, WA 98168 (accepts Medicare)	206-248-4787
Cascade Behavioral Health - 12844 Military Rd S, Tukwila, WA 98168 (accepts Medicare)	888-652-0684
* Need to verify insurance coverage or receive pre-approval from insurance.	
Online Recovery Resources	
Rehab Center database-	Alcoholics Anonymous(AA) World-
	Narcotics Anonymous (NA) World-
	Recovery Links- http://wa.oxfordhouse.us/?page_id=72

Senior Subsidized Housing Options

Longview	
Campus Towers - 1767 20 th Ave., Longview, WA 98632.	(360) 423-6200
Freemont Village - 1416 3 rd Ave., Longview, WA 98632. 30 Units.	(360) 577-5913
Westgate Terrace - 2024 Tibbets Dr., Longview, WA 98632. Tenant pays 30% of income.	(360) 425-0590
Parkland Terrace - 3133 Maryland, Longview, WA 98632.	(360)425-0590
Sylvester Apartments - 1207 Commerce Ave., Longview, WA 98632. WSG, cable, parking paid, pets allowed. Apply at Longview Housing Authority.	(360)-423-0140
Mint Place Apartments - 3835 Mint Place, Longview, WA 98632.	(360) 636-1902
Kelso	
Tartan House - 208 8 th Ave., Kelso, WA 98626. 26 Units.	(360) 414-5251
Cowlitz Villa - 900 Grade St., Kelso, WA 98626. Apply at Kelso Housing Authority. Maximum Income= \$11,350.	(360) 423-3490
Country Run Apartments - 120 Solomon Rd., Kelso, WA 98626.	(360) 578-2484
Columbia Apartments -202 N. Pacific, Kelso, WA 98626. Apply through Kelso Housing Authority.	(360) 423-3490

<u>Kalama</u>	
Columbia View Harbor- 116 S.E. 1 st Ave., Kalama, WA 98625.	(360) 274-8285
<u>Castle Rock</u>	
Riverview Apartments- 333 Leaming, Castle Rock, WA 98611.	(360) 274-8285
<u>Woodland</u>	
Hawthorne House- 1400 Woodside Dr., Woodland, WA 98674.	(360) 225-7781